



## **6.00 Health**

### **6.10 Physical development Policy**

#### **Policy statement**

We are committed to providing opportunities for young children to be active and interactive; and to develop their co-ordination, control and movement, both outside and indoors.

We expect children to be outside every day and plan activities for our outdoor environment for each group.

We ask parents to provide suitable clothing to enable children to access our outdoors provisions in a variety of weathers; sun hats and sun cream in the summer and hooded jackets and wellington boots in the winter.

We have built a protected area which covers the sand pit and outdoor kitchen area.

Staff are trained in the importance of providing high quality physical experiences for the children, both inside and outside.

Outdoor provision and resources are audited on a regular basis to ensure provision is stimulating, varied and attractive.

#### **Procedures**

Children access our outdoor provision at least once each day, whatever the weather. We regularly check children's body temperatures making sure they are not too hot in the summer or too cold in the winter. In windy weather we risk assess any possible flying debris from nearby trees.

In the rare case of the children not being able to access the outdoor provision, each room has a box of physical movement resources to use indoors, such as plastic bubble wrap for jumping on, crawling on, indoor slides, and blankets to drape over tables to make crawl through tunnels.

Our oldest children have “free flow” access to the outdoor provision.

Children are consulted about activities in the outdoor provision.

Children’s movements are observed and assessed, with individual needs being catered for in planning.

Approved and revised on the 28/01/2016 by: Tina Bloch	Date to be reviewed: January 2017
Signed on behalf of the provider	
Name of the signatory	Tina Bloch
Role of the signatory	Nursery Manager